

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1	263	Felisberto Alves	00:30:41	00:30:39	1	Senior	1
2	96	Pedro Martins	00:31:21	00:31:18	2	V50	1
3	260	João Pateira	00:31:52	00:31:50	3	V40	1
4	220	Rui Cabral	00:32:24	00:32:22	4	V45	1
5	256	Natanael Guerreiro	00:32:40	00:32:38	5	Senior	2
6	149	Luís Madruga	00:33:01	00:32:53	6	Senior	3
7	30	Hugo Brás	00:33:28	00:33:25	7	V35	1
8	158	Afonso Alcaso	00:34:18	00:34:11	8	Junior	1
9	166	João Guterres	00:34:32	00:34:29	9	V40	2
10	262	Sara Baptista	00:34:43	00:34:41	10	Senior	1
11	261	Benvinda Santos	00:35:00	00:34:58	11	Senior	2
12	31	Pedro Ferraz	00:35:04	00:35:01	12	V40	3
13	155	Eduardo Tavares	00:36:48	00:36:40	14	V45	2
14	37	Luís Andrade	00:36:51	00:36:38	13	Senior	4
15	232	Paulo Canário	00:37:14	00:37:10	15	V45	3
16	222	João Maral	00:37:52	00:37:50	16	V45	4
17	160	Rodrigo Carvalho	00:38:09	00:38:03	17	Junior	2
18	56	Pedro Caramba	00:38:17	00:38:07	18	V40	4
19	102	Fábio Neves	00:38:26	00:38:19	19	Senior	5
20	113	Tiago Peralta	00:38:26	00:38:21	20	Senior	6
21	134	Wellington Satyro	00:38:31	00:38:27	21	V50	2
22	284	Pedro Bernardo	00:38:34	00:38:31	22	V40	5
23	255	António Guerreiro	00:38:39	00:38:36	23	V60	1
24	15	Jorge Lourenço	00:38:48	00:38:45	24	V45	5
25	5	Sérgio Frade	00:39:11	00:39:01	25	V45	6
26	141	Daniel Valente	00:39:18	00:39:09	26	V35	2
27	171	Pedro Canas	00:39:36	00:39:31	28	V45	7
28	186	Fabio Julio	00:39:54	00:39:45	29	Senior	7
29	62	Luís Trigo	00:39:55	00:39:46	30	V35	3
30	85	José Gordilho	00:40:01	00:39:51	31	V50	3
31	169	Ricardo Mendes	00:40:27	00:40:22	32	V45	8
32	72	Pedro Amaral	00:40:33	00:40:24	33	Senior	8
33	41	Arlindo Deus	00:40:38	00:40:35	35	V65	1
34	100	Carlos Ramos	00:40:41	00:40:34	34	V50	4
35	151	Antonio Dias	00:41:00	00:40:48	36	V45	9
36	251	Joao Abreu	00:41:31	00:41:27	38	V35	4

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37	29	José Veiga	00:41:31	00:41:21	37	V55	1
38	205	Diogo Carvalho	00:41:40	00:41:29	39	Senior	9
39	175	João Costa	00:41:49	00:41:46	40	V55	2
40	182	Daniel Madruga	00:42:08	00:41:57	41	Senior	10
41	127	Rui Melo	00:42:08	00:42:04	42	V45	10
42	74	Nuno Figueiredo	00:42:13	00:42:06	44	V35	5
43	95	Rui Heleno	00:42:13	00:42:05	43	V40	6
44	167	Cristina Antunes	00:42:20	00:42:13	46	V45	1
45	157	Cláudia Alcaso	00:42:20	00:42:13	45	V40	1
46	226	Rita Santos	00:42:27	00:42:25	47	Senior	3
47	240	João Moiteiro	00:42:53	00:42:40	48	V45	11
48	90	Miguel Serra	00:43:01	00:42:54	49	Junior	3
49	52	João Veiga	00:43:14	00:43:05	50	Senior	11
50	246	José Rodrigues	00:43:33	00:43:30	51	V55	3
51	202	Carlos Costa	00:43:36	00:43:30	52	V50	5
52	130	Nuno Simões	00:43:45	00:43:42	53	V45	12
53	258	Pedro Serrano	00:43:59	00:43:55	54	V50	6
54	154	José Magalhães	00:44:02	00:43:56	55	V50	7
55	76	Jose Rebelo	00:44:29	00:44:24	56	V50	8
56	209	Peter Jesus	00:44:36	00:44:30	58	V45	13
57	184	Dina Nunes	00:44:38	00:44:28	57	Senior	4
58	75	José Freitas	00:44:40	00:44:32	59	V40	7
59	89	João Serra	00:45:07	00:44:59	60	V45	14
60	119	Ivandro Moreira	00:45:11	00:45:02	61	Senior	12
61	193	Luísa Mourão	00:45:12	00:45:09	63	V35	1
62	273	Jorge Rosa	00:45:18	00:45:05	62	V50	9
63	244	Luís Grencho	00:45:38	00:45:34	66	V45	15
64	92	Bernardo Neves	00:45:38	00:45:29	64	Senior	13
65	173	António Belo	00:45:41	00:45:38	67	V70	1
66	289	Helena Silva	00:45:43	00:45:31	65	V50	1
67	245	Luís Durão	00:45:59	00:45:55	69	V55	4
68	249	João Almeida	00:46:02	00:45:57	70	V40	8
69	33	Leonel Brandão	00:46:04	00:45:57	71	V50	10
70	150	Ana Madruga	00:46:05	00:45:53	68	Senior	5
71	159	Sofia Sampaio	00:46:19	00:46:13	74	Junior	1
72	77	Sandra Costa	00:46:28	00:46:11	73	V50	11

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73	278	Ana Fortes	00:46:32	00:46:19	75	V35	2
74	288	Manuel Baptista	00:46:40	00:46:33	76	V50	12
75	172	Luis Vieira	00:46:59	00:45:59	72	V50	13
76	254	Teresa Silva	00:47:09	00:47:04	77	V50	2
77	136	Tânia Fialho	00:47:11	00:47:08	78	Senior	6
78	135	Tiago Fialho	00:47:12	00:47:09	79	Senior	14
79	236	Joao Amaral	00:47:40	00:47:34	80	Senior	15
80	297	Nuno Lopes	00:48:01	00:47:55	81	V40	9
81	215	Tiago Sabino	00:48:02	00:47:57	82	Senior	16
82	214	João Gouveia	00:48:09	00:47:58	83	Senior	17
83	105	Paulo Lourinho	00:48:16	00:48:07	84	V45	16
84	46	Madalena Preciso	00:48:17	00:48:07	85	Junior	2
85	106	Hipólito Pereira	00:48:34	00:48:27	86	Senior	18
86	286	Ana Lourenço	00:48:44	00:48:34	87	Senior	7
87	38	Jorge Loureiro	00:48:50	00:48:41	88	V50	14
88	274	Nelson Correia	00:48:52	00:48:45	89	V35	6
89	228	Paulo Silva	00:49:05	00:48:59	90	V45	17
90	248	Jorge Almeida	00:49:08	00:49:03	92	V65	2
91	50	Rodrigo Domingues	00:49:13	00:49:03	93	V40	10
92	188	José Fontão	00:49:13	00:49:02	91	V35	7
93	229	Gilberto Gonçalves	00:49:21	00:49:16	97	V65	3
94	64	Nuno Anjos	00:49:26	00:49:22	99	V50	15
95	269	Ana Dinis	00:49:29	00:49:11	94	V55	1
96	272	Regina Avelar	00:49:31	00:49:13	95	V50	3
97	268	Marília Bispo	00:49:33	00:49:14	96	V55	2
98	271	Tiago Rosa	00:49:40	00:49:27	100	V35	8
99	45	Carlos Preciso	00:49:51	00:49:40	101	V45	18
100	237	Joao Diegues	00:49:51	00:49:46	103	V45	19
101	259	Celina Serrano	00:49:52	00:49:50	104	V45	2
102	290	Isidro Simões	00:49:58	00:49:22	98	V50	16
103	230	André Alves	00:50:00	00:49:46	102	Senior	19
104	24	Maria Folques	00:50:08	00:50:02	109	V45	3
105	104	Fernando Adrega	00:50:08	00:49:59	105	V45	20
106	23	Pedro Pereira	00:50:09	00:50:02	108	V50	17
107	108	Eduardo Pinto	00:50:09	00:50:00	106	V50	18
108	98	Luis Costa	00:50:09	00:50:01	107	V45	21

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109	99	Dulce Ramos	00:50:09	00:50:03	110	V45	4
110	194	Francisca Rosendo	00:50:10	00:50:03	111	Senior	8
111	293	Sasa Salazar	00:50:12	00:50:07	112	V35	3
112	206	Ramiro Jorge	00:50:59	00:50:52	115	V60	2
113	112	Jorge Horta	00:51:06	00:50:52	114	V60	3
114	163	Beatriz Matias	00:51:11	00:51:01	116	V40	2
115	292	Nuno Serafim	00:51:12	00:50:23	113	V40	11
116	227	Vasco Lemos	00:51:28	00:51:25	117	Senior	20
117	231	Maria Pinto	00:51:43	00:51:39	118	V50	4
118	22	Vasco Jesus	00:51:58	00:51:47	119	V40	12
119	131	Rui Machado	00:52:00	00:51:49	120	V40	13
120	140	Liliana Monteiro	00:52:08	00:51:59	122	V40	3
121	168	Maria Alcaso	00:52:10	00:52:01	123	V55	3
122	233	Bruno Flores	00:52:11	00:51:56	121	V35	9
123	42	Sara Oliveira	00:52:13	00:52:10	125	V40	4
124	124	Paula Neto	00:52:17	00:52:12	126	V50	5
125	32	Pedro Silvestre	00:52:18	00:52:10	124	V55	5
126	294	Paulo Salazar	00:52:32	00:52:28	127	V50	19
127	203	Jorge Ferreira	00:52:56	00:52:43	128	V45	22
128	39	Rafael Pereira	00:52:57	00:52:54	130	V45	23
129	43	Ana Oliveira	00:53:02	00:52:53	129	V45	5
130	122	Alexandra Costa	00:53:16	00:53:10	131	V45	6
131	187	Tiago Oliveira	00:54:07	00:53:58	133	Senior	21
132	88	Urszula Godlewska	00:54:19	00:53:51	132	V40	5
133	287	Ana Marques	00:54:19	00:54:05	134	V45	7
134	247	Francisca Martins	00:54:20	00:54:10	135	Junior	3
135	201	Julia Andrade	00:54:30	00:54:20	137	V35	4
136	103	Teresa Martins	00:54:32	00:54:20	136	V55	4
137	137	João Mendes	00:54:47	00:54:37	140	V40	14
138	156	Joana Caires	00:54:48	00:54:25	138	V35	5
139	164	Ricardo Gago	00:54:50	00:54:28	139	V40	15
140	86	Carlos Teixeira	00:54:57	00:54:49	141	V50	20
141	16	Teresa Ribeiro	00:55:00	00:54:50	143	V50	6
142	25	Gonçalo Silvestre	00:55:00	00:54:49	142	Junior	4
143	279	Nuno Carvalho	00:55:11	00:54:58	144	V40	16
144	83	Nuno Freitas	00:55:12	00:55:02	145	V35	10

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Escalão</i>	<i>Class. Escalão</i>
145	196	José Lima	00:55:48	00:55:37	146	Senior	22
146	243	Cláudia Grencho	00:56:00	00:55:56	148	V45	8
147	48	Luis Baixinho	00:56:01	00:55:53	147	V35	11
148	211	Pedro Nicolau	00:56:33	00:39:20	27	V35	12
149	132	Patricia Machado	00:56:37	00:56:25	149	V40	6
150	207	Salomão Ribeiro	00:56:57	00:56:51	150	V65	4
151	82	Maria Batista	00:57:20	00:57:06	151	V50	7
152	81	Flavio Oliveira	00:57:20	00:57:07	153	V50	21
153	275	Paulo Caetano	00:57:20	00:57:06	152	V50	22
154	110	Alvaro Fernandes	00:57:35	00:57:22	155	V45	24
155	111	Sofia Fernandes	00:57:35	00:57:21	154	V45	9
156	192	Nuno Simões	00:58:37	00:58:36	157	V40	17
157	298	Octávio Amaro	00:59:58	00:59:55	158	V35	13
158	204	João Gomes	01:00:46	01:00:33	159	V35	14
159	212	Bruno Silva	01:00:49	01:00:40	162	Senior	23
160	183	Júlio Pires	01:00:50	01:00:37	160	V50	23
161	101	Fernando Nascimento	01:00:50	01:00:37	161	V50	24
162	197	Andreia Lemos	01:01:20	01:01:09	163	Senior	9
163	128	Ricardo Libano	01:01:56	01:01:36	164	V35	15
164	189	Paula Santos	01:02:25	01:02:13	165	Senior	10
165	270	Susana Rodrigues	01:02:38	01:02:28	167	V45	10
166	40	Mario Freitas	01:02:38	01:02:27	166	V45	25
167	91	Augusto Pereira	01:02:39	01:02:34	168	V50	25
168	210	Sandra Gonçalves	01:02:40	01:02:34	169	V45	11
169	66	Lucinda Reis	01:03:07	01:02:56	170	V55	5
170	17	Claudia Assis	01:03:59	00:57:40	156	V45	12
171	280	Ana Carvalho	01:04:12	01:03:58	172	V40	7
172	152	Andreia Santos	01:04:28	01:03:42	171	V40	8
173	21	David Afonso	01:04:39	01:04:29	173	V50	26
174	28	Tiago Silvestre	01:04:39	01:04:29	174	Junior	5
175	14	Vitor Azevedo	01:04:42	01:04:33	176	V50	27
176	242	Eduardo Martinho	01:04:43	01:04:30	175	V50	28
177	281	Sofia Durão	01:26:07	01:25:54	177	V40	9
178	73	Francisco Machado	01:26:08	01:25:55	178	V40	18